

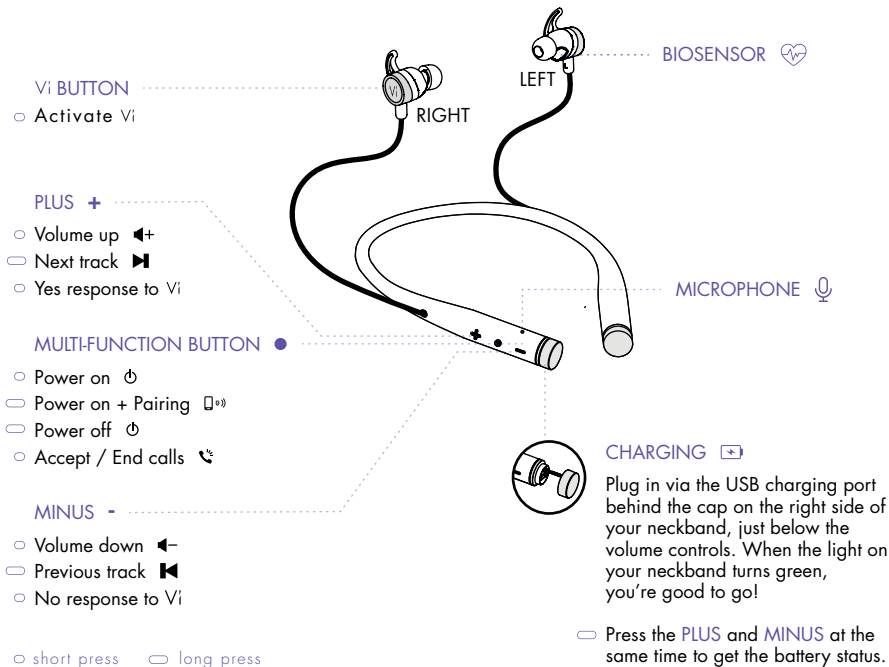
VI



***USER
GUIDE***



PUT ME ON & POWER ME UP!



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VI FITNESS APP

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Your companion before, during and after workouts. Get real-time workout stats at a glance, set long-term goals, and look back at previous workouts to track your progress.

PICK YOUR FINS

1/ SELECT A SIZE

Vi is pre-fitted with size small fins and comes with two additional fin sizes. To get accurate readings on your heart rate, you'll want to find the fin that fits most comfortably.



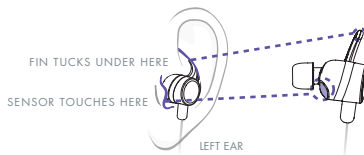
2/ ADJUST YOUR FINS

Snap a set of fins onto the earbud. You can change the angle of the fin using the three notches on the fin ring. Start with the middle notch and adjust as needed.



3/ TRY THEM ON

Fins should tuck into the curve of your ear. If you're having trouble, try rotating them back a bit. You want the green sensor to lie flat against your skin.



4/ FIND THE RIGHT FIT

Take a look in the mirror to see if your fins are completely tucked into your ear. If they're poking out, go a size smaller. If they feel loose, go a size bigger. You may need to try a few different sizes to get the fit that's right for you.

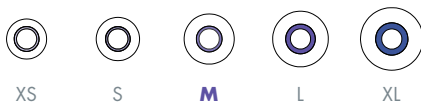


PICK YOUR TIPS

1/ SELECT YOUR SIZE

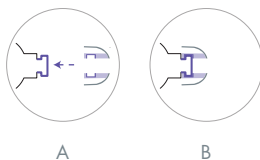
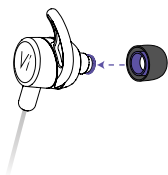
Vi is pre-fitted with size medium tips and comes with four additional tip sizes.

To get accurate readings on your heart rate, you'll want to find the tip that fits most comfortably.



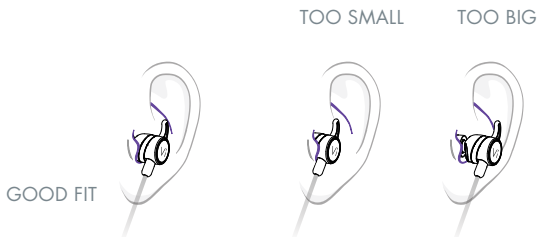
2/ TRY THEM ON

Snap a set of tips onto the earbud. Place them in your ears. They should fit snugly, without falling out or wiggling around. Make sure you're not pushing the tip too far in - It should fit on the inner step of the earbud.



3/ FIND THE RIGHT FIT

You'll know you've got the right tips when you can see the green light ring just above the bump that covers your earhole. If the light is too far in, go up a size. If it's too far out, go smaller.



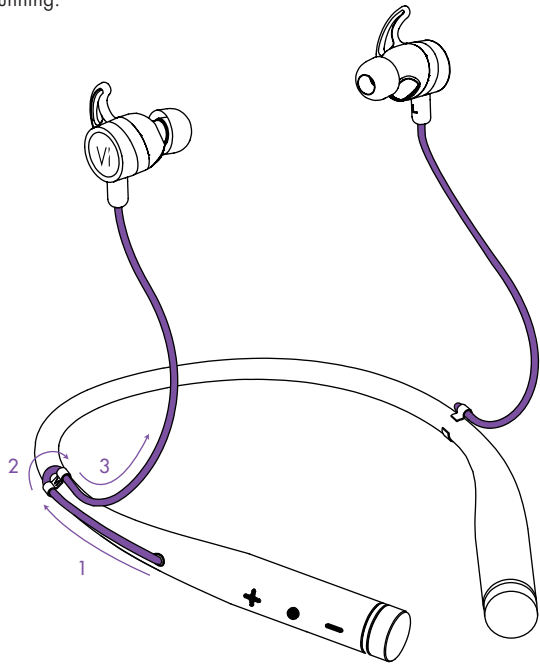
CABLE CLIP

ADJUST THE **LENGTH**

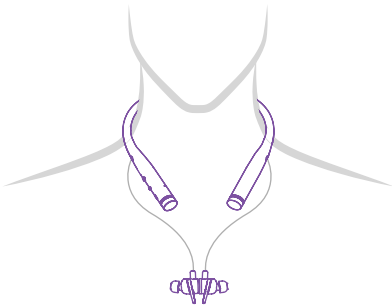
Use the cable clips to adjust cable length.
Make sure you're comfortable when running.

KEEP THE LOGO **UPRIGHT**

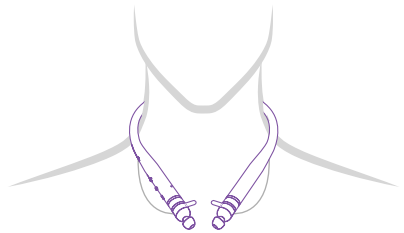
The logo on cable clips will
always be upright.



WEAR **ALL DAY**



WEAR LIKE A **PENDANT**



WEAR AS A **NECKBAND**



CARRY IN THE **POUCH**

LEARN MORE

 lifebeam.vi/ViEducation

- ★ Change Your Name or Nickname
- ★ Use Other Music Apps
- ★ Connect to Spotify
- ★ Switch Playlists
- ★ Test Your Heart Rate
- ★ View Your Personal Records
- ★ View Your Running Totals
- ★ View Your Steps, Flights, and Sleep
- ★ Change Your Workout Goals
- ★ View Your Workout History
- ★ Turn Auto-Pause On Or Off
- ★ Configure Beacon Updates
- ★ Adjust Chattiness
- ★ Set Your Profile Picture
- ★ Choose Stats for "How am I doing?"
- ★ Configure Warmups
- ★ How to fit your earbuds
- ★ Change Your Measurement Units

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